

CATARRH OF  
THE STOMACH.

INTERESTING FACTS ABOUT THIS PECULIAR DISEASE.

A Well-known Man Relates His Experience and Tells How He Succeeded in Getting Relief.

(From the St. Louis, Mo., Chronicle.)

"No one knows except myself the amount of suffering I endured for upwards of four years, from what I was told was catarrh of the stomach. The speaker was Mr. J. P. Fox, one of the best known professional swimmers in St. Louis, now at Prof. Clark's Natatorium, 19th and Pine. The rest of the interesting story is best told in Professor Fox's own way. 'It's a little over five years since I first became afflicted with the disease. My trouble all commenced with a severe cold contracted by foolishly going into the water one bitter cold day, and not taking sufficient care of myself on coming out. Treating the cold lightly, I got another and another until my condition became serious. I had occasional aching of the eyes and this was followed by stinging pains, almost unbearable in my head. Then my throat commenced to fill with a slimy substance which caused me to hawk and spit in a most disagreeable manner. What with this and the constant bad taste in my mouth, my life became a burden to me. My appetite, which had previously been good, began to fail me, and from being of goodly proportions I became gaunt, pale and thin, manifestly under my proper weight. I am not easily scared, as a rule, but just then I certainly lost my nerve, starting at almost every sound. I consulted several doctors and faithfully followed their advice, but experienced no permanent relief. Then, at times I began to go light-headed. One day in particular, I have occasion to remember, while conversing with a friend I was suddenly seized with an attack of vertigo. I reeled around, staggered half way across the room and fell, striking my head heavily against the sharp edge of a swinging door, and being knocked senseless, a state I remained in for over half an hour. On coming to I found myself in bed, with a doctor, nurse and mother bending over me. I was confined to the house over a week, being barely able to walk across the bedroom. I became nervous and sleepless, and even while in my weak state suffered from aching and rocking pains. I had no desire to eat, and what I did get down caused indigestion of the worst kind. With the continuous coughing my throat became very sore, and it there ever was a miserable being I was the one. My nerves were all unstrung and I felt almost completely worn out. Often I would be seized with a feeling of suffocation. This went on until one day a friend insisted that I try Dr. Williams' Pink Pills for Pale People, and he read to me a paper wherein several cures of cases similar to mine were reported. Like a drowning man grasping at a straw, I determined to give them a trial. I then, or rather my mother did, threw the doctor's medicine away and began to take the pills. Actually before I had taken half of the contents of the first box I began to feel a marked improvement. I began to sleep well, with my returning appetite I began to take a better view of life, the gnawing sensations in my stomach disappeared, I ceased to belch up gas and had no feelings of vomiting after eating, the soreness in my throat then went away, and well, within a month, I ventured out of the house. I kept on with the pills, and—well you see me now. I feel as well as ever I did and I don't suppose there is a sounder man physically than myself in the country. I am in and out of the water three and four times a day, giving swimming lessons, and I certainly attribute my present good health to Dr. Williams' Pink Pills. You can use my name if you want to, and I shall be pleased to tell you of the great benefits I have derived from the use of the pills at any time."

An analysis of Dr. Williams' Pink Pills for Pale People shows that they contain, in a condensed form, all the elements necessary to give new life and richness to the blood, and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous headache, the after effects of a gripe, palpitation of the heart, pale and sallow complexion, and all forms of weakness either in male or female. Dr. Williams' Pink Pills are sold by all dealers, or will be sent post paid on receipt of price, (50 cents a box or 6 boxes for \$2.50—they are never sold in bulk or for the 100) by addressing Dr. Williams' Medicine Co., Schenectady, N. Y.

Down the Pike.  
A young lady from a rural town spent several days, with a friend in Louisville. The first night of her visit her girl host and bedfellow was awakened by her friend, who clutched her frantically and made a desperate attempt to get out of bed. An electric car had just dashed by with the usual accompaniment of racket and gong. The hostess held on to the guest and said: "What's the matter, Belle? What are you getting out of bed for?" "Let me alone," murmured Belle, in a sleepy, far away, blue grass region tone. "I want to see who that is scuttin' down the pike."

Old papers for sale at this sale.  
For further information, address H. C. MORRIS, A. B. P. A., Louisville, Ky.

## SOME USES FOR CHEESE.

All Sorts of Relishes of Which It Is an Important Part.

Cheese is so much in demand this winter that it is nice to know how to keep a variety in the house at small expense. Buy an Edam and a large pineapple, either of which will keep for a long time if necessary. Then buy a pot of Roquefort and a tumbler of club house cheese, keeping these in a cool, dry place until needed. A dinner menu may be completed by water crackers and Roquefort for dessert. A delicious dainty for an afternoon tea is the popular macaroni spread with thinly sliced sage cheese as a sandwich. Cheese crusts are nice for an impromptu company luncheon. They are made from half slices of stale bread, after trimming off the hard crust. Upon these oblongs of bread put a tablespoon of grated cheese and brown slightly in the oven. These may be served hot or cold. Good English cheese is used for Welsh rabbit. There are many who like a bit of cream cheese with a French biscuit for breakfast. Neufchatel and water crackers generally follow the pudding course of an elaborate home dinner menu. Cheese of some description is an important item of the Dutch supper, which is so common this winter after the theater or at card parties. Indeed, the matron who likes to be able to offer her casual afternoon or evening visitor some simple refreshment pays as much attention this season to her supply of cheese as to that of crackers or tea.—Brooklyn Eagle.

For the Sake of a Dearly Loved Daughter.  
To the late M. Duruy, the French historian, are due many of the privileges France has given to women. He decided that women who could pass successful examinations in medicine had as good a right as men to become doctors; he instructed professors of the College of Medicine to encourage women students; he licensed public classes for women who wished to receive as good an education as their brothers, thus starting the movement for lycées for young girls that are being organized throughout France, and he had the Sorbonne classes opened to women. He also sat to a woman, Miss Nellie Jacquemart, for his portrait, which afterward won a place of honor in the salon. The moving spring of his action in all this was the love he had felt for his dead daughter and to pay a tribute to her memory.

Nellie Grant Sartoris a General Favorite.  
Mrs. Algernon Sartoris, nee Nellie Grant, who has elected to live in Washington, is a conspicuous figure in society there and present at all the important dinners and other fashion-



NELLIE GRANT SARTORIS.  
able "functions" incident to the fashionable season in the national capital. Mrs. Sartoris' graciousness, tact, and unaffectedness have added largely to her circle of friends and admirers.

His Record Is Wonderful.  
A. W. Anthony, a mining engineer and naturalist, now living in San Diego, tells of an instance of fast traveling so extraordinary as to put all six-day-go-as-you-please records in the deep shade.

"We were in San Fernando, Mexico, several hundred miles below San Diego," says Mr. Anthony. "A band of renegade Indians held up the camp, stealing all portable property. It was desirable to get a message to the nearest governor, 200 miles away, for assistance to chase the outlaws. One runner, Jose, a mission Indian, six feet two inches tall, weighing about 180 pounds, all muscle and bone, was given the dispatch and urged to make haste over the rugged and sometimes mountainous road to the governor. He made haste. According to the official records now in the Mexican archives our message asking for help was delivered in just twenty-four hours after Jose left us. Such a record of 200 miles afoot in twenty-four hours is, I believe, unprecedented. This courier or runner traveled 95 to 125 miles daily on foot as a regular business, carrying mail. He could easily carry two sacks of ore, weighing 150 pounds each, to the ore dumps. When running he was clad simply in overalls and shirt. His feet were protected either by sandals or thick-soled moccasins. He carried a leather water bottle and depended upon ranches along the trail for food."—Los Angeles Times.

An Understanding.  
She—You must remember that ours was a summer engagement.  
He—That means, if you see any one you like better, you'll break it.  
"Yes."  
"And if I see any one I like better?"  
"I'll sue you for breach of promise."

Trade Revival.  
"Well, old man, how is business?"  
"Booming," said the manufacturer of sporting goods. "I have just received an order for 4,000,000 pairs of springing shoes for the Chinese army."  
—Indianapolis Journal.

To Miss. Tinsaud's representatives in

## OF TRANSIT IN CHINA.

STREET CARS UNKNOWN IN LI HUNG CHANG'S LAND.

The Various Substitutes That Are Found in the Big Cities—The Chinaman Travels by Water When He Can—The Jiriksha.

CHINESE TRAVELERS by water when he can, and no wonder, for the roads in his country are very poor, and most of the traveling accommodations on land are about as bad as the roads. In the southeastern part of the empire there are scarcely any wheeled vehicles. In north China, however, they are very common, particularly in the region around Peking.

The Peking cart shown in this picture is one of the better class of these vehicles. It is better only in respect of the wheels, which are often solid and are a great deal heavier even than the clumsy wheels shown here.

The wheels are attached to a short



PEKING CART.

axle tree, and above them rises a sort of oblong box which is fastened to the axle. The passengers sit in this box, which is cushioned to alleviate the jolting. Passengers get in or out usually at the front, though sometimes there is a slide door at the side for their accommodation. All these carts are drawn by one horse and the driver sits as he is shown in the picture. Hundreds of these carts may be hired for a pittance. The discomfort of riding in them is about equal to that of the elevated roads during the crush hours.

A more comfortable way to get over the ground is in sedan chairs. There are two kinds, both of which are shown in the picture. The narrow sort is made of bamboo, and oftentimes it is too narrow for the comfort of any one with the slightest tendency to obesity. To add insult to injury, the uncomfortable fat person is not permitted to ride in the wider chair unless he belongs to the "quality." The common people are prohibited from using this chair, but those who have any sort of privileges may stow themselves away in the commodious affair and go teetering along at the rate of four miles an hour. Two men support it on their shoulders, and it is a very convenient and comfortable article of the sort.

The jiriksha is an innovation from Japan found almost exclusively at Tientsin and other of the larger treaty ports. It is a great improvement on the wheelbarrow used for carrying people and goods in some parts of the empire, and particularly in the province of Kiangsi. This wheelbarrow is propelled just as our ordinary wheelbarrows are, but it has an additional motive force in the shape of a man tugging away at a rope in front. An enormous number of people in the cities gain their livelihood by manning these various forms of conveyances. They stand at the street corners ready to start on the slightest intimation that their services are wanted. Many of them are the employees of small capitalists, whose money is invested in the conveyances. Others own the turnouts themselves. Sedans and their bearers are hired at buildings erected for the purpose, and an American who patronizes them is doubtless reminded of our livery



TIENSIN WOMAN IN JIRIKSHA.  
stables. In Canton the men who carry these chairs have a nickname signifying "tailless horses."

All in One Ton of Coal.  
From one ton of ordinary gas coal may be produced 1,500 pounds of coke, 20 gallons of ammonia water, and 240 pounds of coal tar. By destructive distillation the coal tar will yield 69.5 pounds of pitch, 17 pounds of creosote, 14 pounds heavy oils, 9.5 pounds of naphtha yellow, 6.3 pounds of naphthalene, 4.75 pounds of naphthol, 2.25 pounds solvent naphtha, 1.5 pounds phenol, 1.2 araline, 1.1 pounds benzene, 1.1 pounds aniline, 0.77 of a pound toluene, 0.46 of a pound anthracene, and 0.9 of a pound toluene. From the latter is obtained the new substance known as saccharine, which is 530 times as sweet as the best cane sugar, one part of it giving a very sweet taste to a thousand parts of water.—Science.

Might Give Offense.  
Mrs. De Style—Why didn't you accept Mrs. De Fashion's invitation to be one of her theater party to-morrow night? She has a box.  
Miss De Style—I had never seen the play, and I was afraid I might become interested in it.

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MRS. LILY A. THOMPSON.  
work, she has explained to the district commissioners that the very fact that she is a woman will enable her to make arrests without the aid of a billy or hoodlum wagg. When she is called upon to arrest a particularly bad man she thinks that all she will have to do is to smile gently upon him, and he will immediately become docile and manageable. Anyway she asks to be given a trial, and the commissioners are half inclined to accord it. There is one thing in her favor—she wouldn't be working the bartenders for free drinks, nor be munching up the profits of the peanut and banana stands. Mrs. Thompson is a widow, blonde and blue-eyed.

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WEST BOUND	No. 53. Daily.	No. 51. Daily.
Lv. Louisville	6:30 p.m.	7:45 a.m.
West Point	7:25 p.m.	8:40 a.m.
Owensboro	8:04 p.m.	9:17 a.m.
Irrington	8:30 p.m.	9:45 a.m.
Stephensport	9:09 p.m.	10:25 a.m.
Cloverport	9:25 a.m.	10:50 a.m.
Hawesville	9:54 p.m.	11:16 a.m.
Lewistown	10:18 p.m.	11:40 a.m.
Owensboro	10:59 p.m.	12:23 a.m.
Spotsville	11:45 p.m.	1:08 p.m.
Ar. Henderson	12:10 a.m.	1:30 p.m.

EAST BOUND	No. 52. Daily.	No. 54. Daily.
Lv. Henderson	7:20 a.m.	2:55 p.m.
Spotsville	7:45 a.m.	3:10 p.m.
Owensboro	8:30 a.m.	3:40 p.m.
Lewistown	9:15 a.m.	4:25 p.m.
Hawesville	9:57 a.m.	4:50 p.m.
Cloverport	10:06 a.m.	5:34 p.m.
Stephensport	10:28 a.m.	5:45 p.m.
Irrington	11:06 a.m.	6:30 p.m.
Brandenburg	11:31 a.m.	6:58 p.m.
West Point	12:05 p.m.	7:35 a.m.
Ar. Louisville	1:00 p.m.	8:30 a.m.

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produce sleep. Did they have that